



Men	Time	Individual(s)
200 Medley Relay	1:40.07	Jack Cook, Louis Puopolo, Joe Veselovsky, Ian Mullin (2/10/2007)
400 Medley Relay	3:40.97	Jack Cook, Brendan Giblin, Joe Veselovsky, Billy Beyer (2/10/2006)
50 Free	:22.28	Colin McGee
100 Free	:48.33	Tim DiMarco
200 Free	1:47.03	Tim DiMarco
500 Free	4:51.44	Mark Persiani (2/14/2003)
1000 Free	10:13.19	Patrick McKenzie (2/13/2005)
1650 Free	16:51.41	Patrick McKenzie (2/13/2005)
100 Fly	:51.97	Joe Veselovsky (2/17/2008)
200 Fly	1:56.74	Joe Veselovsky (2/17/2008)
100 Back	:55.51	Jack Cook (2/11/2006)
200 Back	2:00.83	Jack Cook (2/17/2008)
100 Breast	1:02.38	David Hovey (10/25/2008)
200 Breast	2:16.66	Rob Steffenauer
200 IM	1:59.42	Joe Veselovsky (2/15/2008)
400 IM	4:13.02	Joe Veselovsky (2/10/2007)
200 Free Relay	1:28.74	Ian Mullin, Alex Lentini, Derek Ruggiero, Billy Beyer (2/9/2007)
400 Free Relay	3:19.26	Ian Mullin, Derek Ruggiero, Alex Lentini, Billy Beyer (2/11/2007)
800 Free Relay (2/15/2003)	7:21.92	Dan Malone, Brian McKenzie, Joseph Mulhall, Mark Persiani
Women (Event)	Time	Individual(s)
200 Medley Relay	1:54.22	Jill Palmiotto, Gina Miller, Erin Williams, Katie McKenna (2/11/2006)
400 Medley Relay	4:05.57	Jill Palmiotto, Allyson Jengo, Erin Williams, Michelle Kline (2/13/2004)
50 Free	:25.15	Cathy Hadley
100 Free	:55.18	Carolyn Gillespie (10/25/2008)
200 Free	1:59.34	Jill Hamnett (2/15/2003)
500 Free	5:15.82	Jayme Smith (2/15/2002)
1000 Free	10:46.65	Jayme Smith (2/6/2002)
1650 Free	17:58.47	Kristen Best (2/17/2002)
100 Fly	:59.16	Erin Williams (2/14/2004)
200 Fly	2:12.26	Erin Williams (2/15/2004)
100 Back	1:00.10	Sarah Gazdalski
200 Back	2:08.22	Sarah Gazdalski
100 Breast	1:10.21	Laura Joyce (2/16/2008)
200 Breast	2:31.73	Laura Joyce (2/17/2008)
200 IM	2:13.87	Lauren Hosko (2/9/2007)
400 IM	4:42.56	Erin O'Connor (2/11/2006)
200 Free Relay	1:41.84	Christina Giannetti, Jayme Smith, Katie McKenna, Michelle Kline (2/13/2004)
400 Free Relay	3:43.30	Danielle Heffernan, Lauren Hosko, Lauren Wieland, Jillian Mishko (2/11/2007)
800 Free Relay	8:02.48	Jayme Smith, Michelle Kline, Kristen Best, Jill Hamnett (2/15/2003)

Bold - On 2008-2009 Roster